

PAUL'S RUN

Good Deeds for Good Neighbors

Paul's Run residents enjoy living life to the fullest and sharing their gifts with their neighbors in Northeast Philadelphia. Local firefighters, neighbors, and school kids have all enjoyed the good deeds and goodies cheerfully offered by Paul's Run residents.

For years, hundreds of neighbors have flocked to Paul's Run Wellness Fair where they benefit from health screenings, gather information about resources for seniors, and enjoy healthy snacks and entertainment. This April, visitors toured the expanded rehabilitation wing and learned about The Bistro, the new dining center at Paul's Run, featuring a carving station, made-to-order stir-fry dishes, and char-broiled meats in a restaurant-like casual setting. It will be a welcoming place to entertain family, friends and neighbors!

Sharing Wisdom – and Pies!

Inter-generational learning brings Paul's Run residents and neighborhood students together throughout the year. Through LCFS' Beacon Center at George Washington High School,

students learn that the challenges they face as 21st century teens are similar to the issues teenagers struggled with and overcame in the early 20th century. The kids gain insight on history and develop new self-confidence when their mentors encourage them to stay in school and reach for their dreams.

The many gifted cooks and bakers living at Paul's Run have always enjoyed sharing their homemade treats with family and friends. This past Thanksgiving, firefighters on duty over four shifts at Engine Co. 61 were treated to 52 homemade pies given in appreciation for their dedicated service to the entire community, but especially to Paul's Run where they promptly and courteously respond to residents' calls for assistance.

Residents' Thoughtfulness Inspires More Giving!

Just as Paul's Run residents share so much with community residents, neighbors enjoy giving back to their friends. This spring, more than 80 students from Mayfair Elementary School's/LCFS' Too-Can Afterschool Program surprised residents with a huge Easter basket, overflowing with goodies and good wishes.

"I wanted to make the Easter Basket for Paul's Run because I want the elderly to feel good...and it made me feel like I was doing a good thing," says Anne Chloe Stuppard, a fourth-grader. Her friend Deborah Davis adds, "I knew this would make them smile! We made them happy!"

To learn more about living life to the fullest at Paul's Run Retirement Community, call Linda Curto at 215-934-3000, or visit www.paulsrun.org



Dining Services Director Jacob Marquart and Manager Birkena Calaku offer healthy eating tips to participants at the Annual Wellness Fair.

